

HELP & HOPE for YOUth

Education and Training Task Force Report

Meeting Date: April, 16 2019

Task Force Leadership and Membership:

Chair: Jamal Givens

Attendees: Arcelia, Jane, Heaven, Judy

Task Force Goals:

- Work around social norming
- Evidence based programs in addition: Youth Mental Health First Aid, AZYP
 - Find 2-3 strong program.
 - Intention to create a matrix for schools, pro and con list.

Task Force Objectives:

- Create effective strategies for multidistrict outreach and identify key community stakeholders in schools and health care agencies for mental health training and education
- Expand the Help & Hope for YOUth In initiative by training new lead and youth presenters for Ending the Silence and incorporating the Text Talk Act mobile app
- Who can deliver the resource?
 - Should it be mental health specific?
 - Strength based programs
 - Peer Support Model
- Department of Education: How to connect to a certain standard in the local districts?
 - Eventually to have mental health education in all Arizona Schools through legislate
- Anything related to achievement data could be used to influence the schools for our programs.
 - students self reporting data
 - counselor
 - schools reluctance
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Meeting Agenda:

- Discuss new ideas how to meet our goals
- Who to connect with from different Task Forces
- Discuss different programs we might be able to implement
- Look at the data from all 4 county's to see which we have already met with
 - Members will help

Accomplishments since last meeting

- Pinal County Summit: Grace Martinez Foundation: There is help and hope. It's okay to share your experience. NBC world of dance member is dealing with his depression through dance. And okay with sharing experience with others
 - Andrea Tamarano, Brian Eller.
- Arcy has met with Richey from Department of Education to connect with all school districts
 - Arcy shared advice from Dustin; increase mental health through principals for leverage.
- We have been doing well in connecting with schools
 - 20-35 presentations within the last few months
- Training of Trainers was in March
 - Plan to expand and train more trainers
- Girls Scouts connections
- Arcy is connecting with Boys and Girls Club for summer plans

Narrative:

Use partnerships we already have to get into the districts: Casa de los Niños

Goals Not Yet Met:

Matrix of evidenced based programs that train about mental health to youth, not adults, NEEDS to be met. Not yet as of 3rd quarter.

- Stigma Reduction & improved Youth mental health initiative timeline:
 "What other strategies can be used "Anti-Stigma?"

Assignments for Next Meeting

Task	By Who	By When	Revised
Look at more programs that are mental health related to better assist our youth in the community	All members	May 20th	
Reach out to Dr. Kris Bosworth for more prevention evidence based programs	Jamal	May 20th	
Bring Timeline to next meeting	Jamal	May 20th	
Reach out to officers for		May 20th	

more info and data by Zip Code			
Reach out to Roxanne Rico about ending the silence	Jamal	May 20th	
Reach out to SunnySide School District about ending the silence. (Barbara McDonald)	Jamal	May 20th	
Reach out to Marana School District	Jane	May 20th	
Reach out to Amphi school district	Jane	May 20th	
Reach out to Flowing wells district especially since Casa de los Ninos		May 20th	
Research to send information to providers. ie. speak to in school champion	Jane	May 20th	

Recommendations to the Alliance: (Optional)

As a committee We NEED to keep track and use “WE” and I

WE will all look into having a coalition retreat for about 4 hours for more input and thoughts.

Next meeting: May 22, 2019