

Arizona Youth Mental Health Alliance Task Force

Education and Training Task Force Report

Meeting Date: February, 19 2019

Task Force Leadership and Membership:

Chair: Jamal Givens

Attendees: Heather, Judi, Betty, Clarke, Jane, Karen ward for Tammy Hille, Arcelia, Oyuki, Raquel

Task Force Goals:

- Review, vet and disseminate stigma reduction strategies and programs
- Expansion and implementation of *Ending the Silence (ETS)* and *Text, Talk, Act (TTA)* in the four counties
- Train the Trainer Model

Taskforce Objectives:

- Create effective strategies for multidistrict outreach and identify key community stakeholders in schools and health care agencies for mental health training and education
- Expand the Help & Hope for YOUth In initiative by training new lead and youth presenters for Ending the Silence and incorporating the Text Talk Act mobile app
- Facilitate screenings of AZPM's "Not Broken" in schools and other venues

Meeting Agenda:

- Review Assignments from previous meeting
- Parent Handout
 - Schools and other venues
 - Recruitment of presenters, trainers
- Recruitment efforts in other counties
- Recruitment for trainers and suggestions to better assist new trainers.
 - 9 New Trainers will be trained March 12th in Pima, Santa Cruz and Cochise to begin April.
 - Teach them to keep track of their data and remain close contact with schools.
 - Coordinate a plan of action, following void, and the Barrier is Time.

Accomplishments since last meeting

- **Parent Letter Revision**

Narrative:

Introductions were done.

Jamal went over the two previous meeting topics.

The parent letter was handed out and discussed. Suggestions were given to Raquel.

Goals Not Yet Met:

Train the trainer model NEEDS to be met. Not yet as of 3rd quarter.

- Stigma Reduction & improved Youth mental health initiative timeline: “What other strategies can be used “Anti-Stigma?”

NO translation in Spanish at the time. As of right now only reaching out to English speaking schools. Videos are not available in Spanish, most impactful and should be. Subtitles on videos will be looked into.

Soon be developed for parents in Spanish and ETS form NAMI

Community Dialogue for parents to help approach mental health with children

Be kind with Bens Bells upcoming event

- Grantee Level Outcomes for coalition to deliver to a 126,000 students by 2021
- No funds to train a trainer but there is a stipend for the present

Assignments for Next Meeting

Task	By Who	By When	Revised
Members will research evidence based programs in mental health. All will go over forms and revise with Raquel in detail. Continue to reach out to additional identified stakeholders. Reach out to retired counselors, to train a trainer.	All members		
Will distribute electronic and physical flyers to school nurses, counselors and administrators County Wide as well as Southern Arizona Charter School Association. Keep track of replies.	Jane		
Will contact public libraries to see what dates are available to hold workshops. Possibly, go in to deliver work-shops in the summer for youth.	Oyuki		

Will look into collaborating with more Hispanic committees throughout the community, EX: Tucson Hispanic Chamber of Commerce.	Jamal		
Will be able to reach out to the School Psychologist in Pinal County for 6 th grade ETS, also charter schools.	Heather		
Will look into getting a Spanish version available as well as reaching out to other task forces for reports.	Arcelia		
Will brainstorm on how to combine the two workshops together ETS and TTA as well as many other personal tasks.	Judi		
Send wording change for parent letter to Raquel.	Clarke R.		

Recommendations to the Alliance: (Optional)

As a committee We NEED to keep track and use “WE” and I

WE will all look into having a coalition retreat for about 4 hours for more input and thoughts.

Next meeting: March 20, 2019