



January 2020 - Happy New Year!

New Collaboration for Statewide Impact!

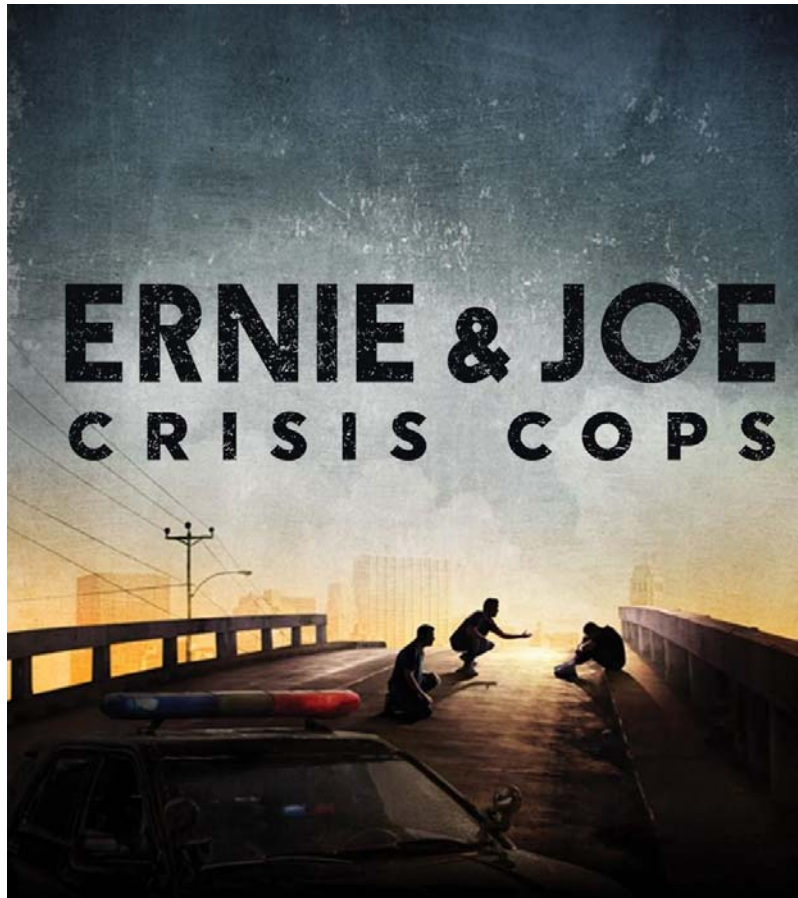


Help & Hope for YOUTH has partnered with the Stronger as One Coalition to train 50,000 Arizonans in Mental Health and Youth Mental Health First Aid over the next 5 years. Stronger as One is a coalition that was formed in Northern Arizona to bring community awareness to suicide prevention and mental health. The coalition is a group composed of community leaders, elected officials, representatives from public agencies and citizens who promote a culture of knowledge, compassion and action related to mental health and well-being. Together, we are working to end the stigma around mental health and reduce death by suicide in Arizona.

If your organization provides these trainings in Southern Arizona, please contact Arcy Cornidez at acornidez@helphopeforyouth.org to learn how you can help. Special thanks to our members Interfaith Community Services, Pima County Health Department, Arizona Youth Partnership and Project AWARE for helping us reach our goal!

The David and Lura Lovell Foundation Presents

Free Screening of "Ernie & Joe - Crisis Cops"





The public is invited to a free screening of the award-winning film “Ernie & Joe: Crisis Cops,” a documentary on police response to mental health crisis calls.


The event at The Loft Cinema on Jan. 16 at 3 p.m. also will feature a panel discussion with Jenifer McShane, producer and director of the film, and Joe Smarro, one of the subjects. “Ernie & Joe” is described as “an intimate portrait of two Texas police officers who are helping change the way police respond to mental health crisis calls. The film takes audiences on a personal journey, weaving together their experiences during their daily encounters with people in crisis. These two officers are not your everyday cops – they are part of the San Antonio Police Department’s 10-person mental health unit.”


The Tucson-based Lovell Foundation helped underwrite production of the documentary and is sponsoring this local screening.


Events Calendar


-  **Advocacy & Policy Task Force Meeting**
January 7th, 12:00 PM - 1:00 PM
Casa De Los Ninos


 -  **Trauma Informed Care 101**
January 7th, 11:00 - 1:00 PM


 -  **Introduction to Infant and Early Childhood Mental Health**
January 10th, 9:00 AM - 12:00 PM


 -  **Understanding Trauma 101**
January 10th, 6:30pm-8:30pm

 -  **Help & Hope for YOUth Alliance Meeting**
January 13th, 11:30 AM - 1:30 PM

 -  **Free Film Screening - Ernie & Joe: Crisis Cops**
January 16th, 3:00 PM

 -  **Education & Training Task Force Meeting**
January 21st, 11:30 AM - 1:00 PM
4765 E. Camp Lowell Drive

 -  **Capacity Building Task Force Meeting**
January 23rd, 4:00 PM - 5:00 PM
Casa De Los Ninos

 -  **School-Based Behavioral Health Services Coalition Meeting**
January 29th, 8:30 AM - 10:00 AM
Casa De Los Ninos
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Task Force Reports

Education & Training Task Force

The Education & Training Task Force continues to focus on expanding our reach with Ending The Silence and Text Talk Act. Recently these presentations have been in the Rose Academies in Tucson and Marana Middle School to name a couple. Please contact Judi Maikoff at jmaikoff@namisa.org if you know of other locations that would be interested in these presentations. E&T is excited to be looking at various ways to increase mental health awareness in 2020. This will include using social media platforms such as Facebook and Instagram. The use of billboards and bus stop shelters and benches is being discussed. If you or anyone you know has expertise in the area of marketing and advertising and could assist us, please join us at our meetings held the third Tuesday of every month.

Advocacy & Policy Task Force

Revision of the Health Standards has been postponed by the Department of Education. It has been recommended that we work with schools to submit requests for Title IV-A funding. This would allow mental health education to fit in two categories--well-rounded educational opportunities and safe and healthy schools. The State Standards subcommittee will continue researching legislation in other states to support our advocacy efforts.

Capacity Building Task Force

The Capacity Building Task Force continues to raise money, build support, and increase membership for Help & Hope for YOUth. Alliance member Coyote TaskForce engaged its own members in raising money through a series of planned donation days at Cafe 54 and Our Place Clubhouse's thrift store, ReThreads, donating a few days' proceeds from ReThreads sales and Cafe 54 tips. The philanthropic goal united and motivated members and staff, and increased visibility of Help & Hope for YOUth.

Planning continues for a youth and family mental health event in 2020, and to establish an AmeriCorps VISTA position for a grant researcher/writer. Members are encouraged to solicit their contacts to make Arizona state tax credit donations to Help & Hope for YOUth—NAMI Southern Arizona is now a Qualifying Charitable Organization. The Capacity Building Task Force continues to invite suggestions for possible members and investors/donors, and to submit edits and additions to the online youth mental health Resource Directory.

In case you missed it



Mental health instruction is now required by Nevada state law. Guidelines are under development and will focus on age-appropriate ways to teach mental health and its intersectionality with a student's physical well-being. The Governor signed [SB 204](#) over the summer and the Nevada Health Standards Revision Committee will be meeting in January to continue working on the new set of health standards.



The Federal Communications Commission is setting up a new three-digit number to reach a suicide prevention hotline similar to 911. When the process is completed following public comment, U.S. Residents will be able to call [988](#) during a mental health emergency.

Project Director Report

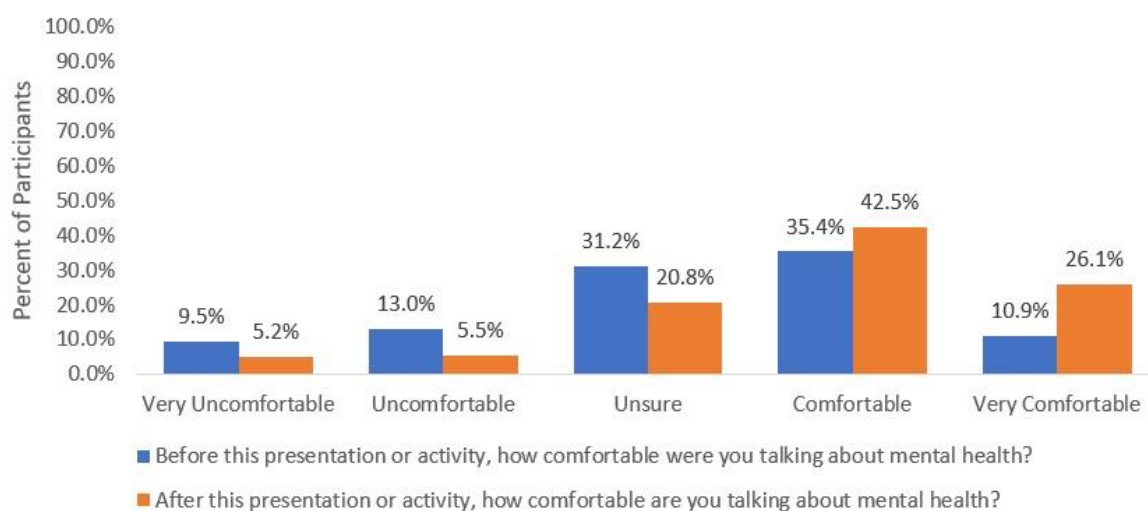
- **Santa Cruz County Behavioral Health Community and Court Coalition:** We participated in the Sequential Intercept Mapping Workshop in Santa Cruz County. The model is used to inform community-based responses to the involvement of individuals with mental and substance use disorders in the criminal justice system. This was used as a strategic planning tool to assess available resources, determine gaps in services, and develop priorities for action for community change. An adolescent sequential intercept mapping workshop will be developed in the near future.
- **Arizona Department of Education School Safety Task Force (SSTF):** We have continued to participate in the SSTF meetings. The State Board of Education has approved the grantees for the school safety grant which will fund 383 positions. Positions will include School Resource Officers, School Counselors and School Social Workers. The ADE has also developed an internal group, the Social Wellness Committee which will

begin working with the CASEL Collaborating States Initiative on the development of Social Emotional Learning Standards.

Evaluation Updates

In an effort to reduce stigma about mental illness in the community, Help & Hope for YOUth offers middle and high school age students Text Talk Act (TTA) and NAMI's Ending the Silence (ETS) programming. From November 2018 to October 2019, participant satisfaction surveys were administered across 99 different curriculum implementation sites with 4781 ETS and/or TTA participants. In this survey participants reported their overall comfort with mental health conversations before and after the ETS or TTA presentation(s). As seen in the figure below, findings suggest that 22.3% participants are more comfortable talking about mental health after attending an ETS and/or TTA presentation.

Overall Comfort Talking About Mental Health (N = 4714)



We want to hear from you. Send your news and events for the next issue to newsletter@helphopeforyouth.org.

Want to help? Please give a tax-deductible gift of Help and Hope to children and teens in Southern Arizona.

All funds go to Help & Hope for YOUth

DONATE NOW



Help & Hope for YOUth is an initiative of the National Alliance on Mental Illness Southern Arizona (NAMI SA), a 501(C)3 non-profit organization (EIN 86-0450977).